

# Time in versus timing – build your wealth by investing now

Many people often question investing, simply because they don't know when the best time to start investing is. We believe that if you want to build your wealth by investing in shares then the simplest strategy is to start now.

### Don't try to pick the best time to invest

Many people try to pick when the best time to invest will be. They aim to invest when the market is low, hoping to get more for their investment dollars. They wait until the market falls, and then wait some more just in case it falls further. Unfortunately, markets are unpredictable, and waiting to invest may mean you miss out on periods of strong returns.

By abandoning your long-term investment plan when the market is falling, and then investing again when the market improves, you could miss the opportunity to purchase your investments at a lower price.

A more appropriate strategy is to invest as soon as you have the money available – and keep it invested. This 'buy and hold' strategy means that you do not allow yourself to be influenced by the ups and downs of the markets. You just have to remember that it's your 'time in' the market that can make all the difference – not your 'timing'.

The following chart illustrates how missing just some of the days when the Australian markets performed the best can make a significant difference to the value of your investment over time. If you withdrew your funds for 50 days when the market was performing at its best and they earned nothing on these days, your investment would have earned under 3 per cent per annum over the 15 years between June 1993 and 2008. However if you remained invested over the entire time period, your investment would have returned a healthy 11.9 per cent per annum.



### Add to your investments regularly

Making regular contributions means you can grow your investments without worrying if it is the right time to invest. It allows you to ride out market changes and can help you build your wealth sooner, due to the power of compound interest (earning interest on your interest).

Regular contributions into your investments mean that you automatically buy less when the markets are high and more when they are low, averaging out the amount you are paying for your investments. This is known as dollar cost averaging and works regardless of whether markets are going up or down.

Zurich Investments offers a regular investment plan on all retail funds, which allows you to contribute a set amount each month. Your money is directly debited from your bank account, so you don't have to remember to make the investment, and you don't get the chance to spend the money on something else.

## Start investing as soon as you can

As we've said, don't wait for the best time to invest – start as soon as you can through a regular investment plan, or using any lump sums that you may receive. The sooner you start, the sooner you can commence growing your wealth.

The following chart shows the investment you would have accumulated after 20 years if you invested an initial amount of \$1000, plus \$250 each month into a regular investment plan. It also shows the amount you would have if you invest over shorter time periods.



For more information please contact your financial adviser, call Zurich Investments on 131 551 or visit our website, www.zurich.com.au.

#### More information

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